

Caring for Patients with Diabetes

Course Description:

Diabetes education focuses on understanding the types of diabetes and treatment options available to suit patients' lifestyles. Care for patients with diabetes also target on reducing or delaying the onset of long terms complications such as microvascular diseases, neuropathy, retinopathy and other associated long-term complications.

Learning Outcomes:

- Evaluate common patient's presentations, diagnostic criteria and classification of diabetes in relation to the aetiology, pathophysiology and risk factors for diabetes and its complications
- Relate the contribution of different healthcare professionals in providing diabetes care and adopt relevant psychological, behavioural and educational strategies in managing diabetes care
- Promote patient's self-care by selecting appropriate techniques and approaches to self-management of nutrition and physical activity
- Identify acute metabolic complications in diabetes and factors that contribute to the occurrence, recurrence and prevention

Course Information:

Dates	12 May 2026 10 Jul 2026 2 Oct 2026
Time	0830-1730 hr
Venue	Sengkang General Hospital 110 Sengkang East Way Singapore 544886 Exact venue will be announced in the confirmation email.
Course Fees	\$130 + GST = \$141.70
How to register?	To register, please email Ms Joanna Peh @ ned.staff@skh.com.sg .